

## What awaits you?

A weekend of sacred silence to reconnect with nature and your essence

- Nature Altar & Community Ritual Space
- Daily Journaling & Deep Reflection
- Daily Elemental Yoga & Sound Healing
- Somatic Movement & Silent Walks
- Transformative Rituals & Ceremonies
- Herbal Infusions & Wild plant meals
- Closing Ceremony & Prayer Dance
- Optional 1:1 Nature & Sound Therapy





WHERE

## Haus Erlengrund

Fischerberg 11 15377 Buckow, near Berlin

> WHEN 31.10 - 2.11.2025

> > FOOD

WE WILL BE SERVED WITH DELICIOUS SOUL NOURISHING, VEGAN FOOD WITH WILD HERBS OF THE SEASON

COST 444 EUROS PER PERSON





- Surrounded by the stillness of nature; garden, lake and forest
- Inviting transformation and entering a space of deep reflection as the year comes to an end
- Embodied Flemental Wisdom: Experience Earth. Water, Fire. Air & Ether - through yoga. meditation and sound healing
- Space for journaling and reflection, with tea ceremonies that invite slowness and presence.
- Nature as Teacher: Deep connection through silence and forest walks
- Powerful Rituals: Fire & water ceremonies, sauna cleansing. and final prayer dance
- Golden Harvest Ceremony: Share the fruits of your inner growth with symbolic offerings



For all who long for stillness, depth and a healing connection with the Earth.

No prior experience needed.







A retreat dedicated to the earth.

A ritual itself to pray, heal and embody the new earth.





I'm Kira. founder of Earth Healing Cooperation. Since childhood. I've felt a deep bond with the Earth and a calling to serve her.

This led me into activism. her balism. element yoga. and nature therapy. I create workshops and retreats that blend plant wisdom with crealive expression, guiding people back to nature and their true selves.



Afier losing my voice
to vocal cord
cancer, silence
became my greatest
teacher deepening
my mission to lead a
quieier, more
inward path of
transformation, back
to the inner world.



I am Jamila, creating transformative experiences through sound. voice, and movement.

Trained in Sound Healing, I guide deep connection and self discovery. Blending electronic and organic instruments with therapeutic frequencies.

As a movement practitioner, I draw from Body Mind Centering, Contact Improvisation, and Authentic Movement.

Rooted in reverence for the Earth, my mission is to revive ancient rituals for a sacred, embodied connection with nature.

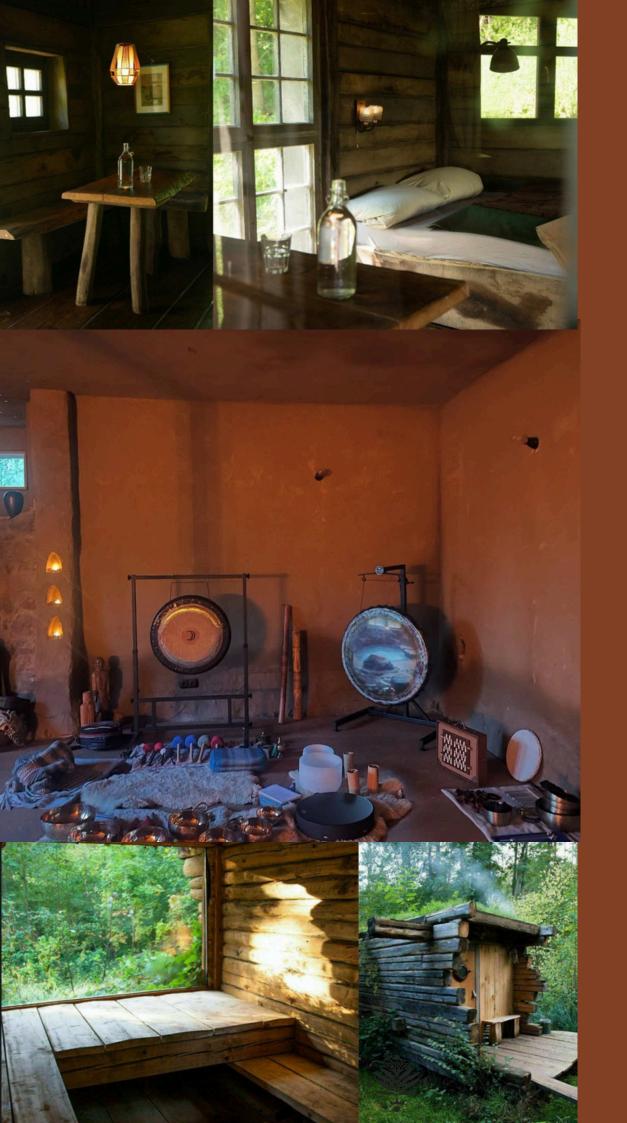




We gather in silence to listen to ourselves, to nature, to the unseen.

To honor the Earth with presence and to remember what it means to live in rhythm with the elements.





## Are you ready to reconnect with the Earth and your inner stillness?



Register via telgram: @earth\_healing\_cooperation

Or contact us on instagram:
@earth.healingcooperation

to secure your spot

Photos: Niels Dervisscher